

THE SYNCHRONICITY HANDBOOK



Aaron Murakami, BSNH

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Introduction

This is a short eBook, which is a compilation of just three simple articles relating to synchronicity and manifestation. These are mostly original concepts that were published as far back as 2006. Over the years, the understanding of how synchronicities happen has been refined, but these articles are the foundation.

Although these articles have been freely available for years, this brief compilation has been made readily available for the fans of Coast to Coast AM radio show by Richard Syrett.

Synchronistically, the show is 1201am on August 20th, which is sixteen years to the day that I had a life-changing dream of a White Dragon in a black void, which was on August 20th, 2001, exactly 22 days before 9/11/2001.

That is another story full of mind-blowing synchronicities, which prompted me to later form a publishing business called White Dragon Press, which eventually merged with A & P Electronic Media, the primary publisher of the most authoritative books and videos by the pioneers of the modern-day Tesla Science & Free Energy movement.

Our work is showcased at <http://emediapress.com> and at our annual Energy Science & Technology Conference <http://energyscienceconference.com>.

It may be of interest to the reader that at our second Panel Discussion for the 2017 conference, most of the topic was about Emotional Intelligence, Synchronicity and other consciousness subjects. You can watch the entire video here for free:
<http://emediapress.com/2017/08/02/2017-energy-conference-panel-discussion-2/>

I have a feeling this document will turn into a much larger book full of documented, astronomically "impossible" synchronicities that will inspire for years to come.

Sincerely,
Aaron Murakami

Murakami's Model of Synchronicity

About 20 years ago, I experienced one synchronicity after another nonstop which lasted for many weeks and it was a wakeup call. This kind of experience is considered Siddhi Consciousness where it is the full beingness of the eternal presence. Everything was literally manifesting in live streaming time as each need was met the instant that it was needed. Basically, it was the experience of Heaven on Earth.

Being obsessed with the synchronicities, it was my full intention to develop a model of synchronicity. Roughly twelve-years later, an entire diagram and concept appeared in my mind in a flash and it was clear as day.

Here is the original explanation and diagram, which became the most copied diagram in the whole "Law of Attraction" world at the time that The Secret and other similar documentaries were released:

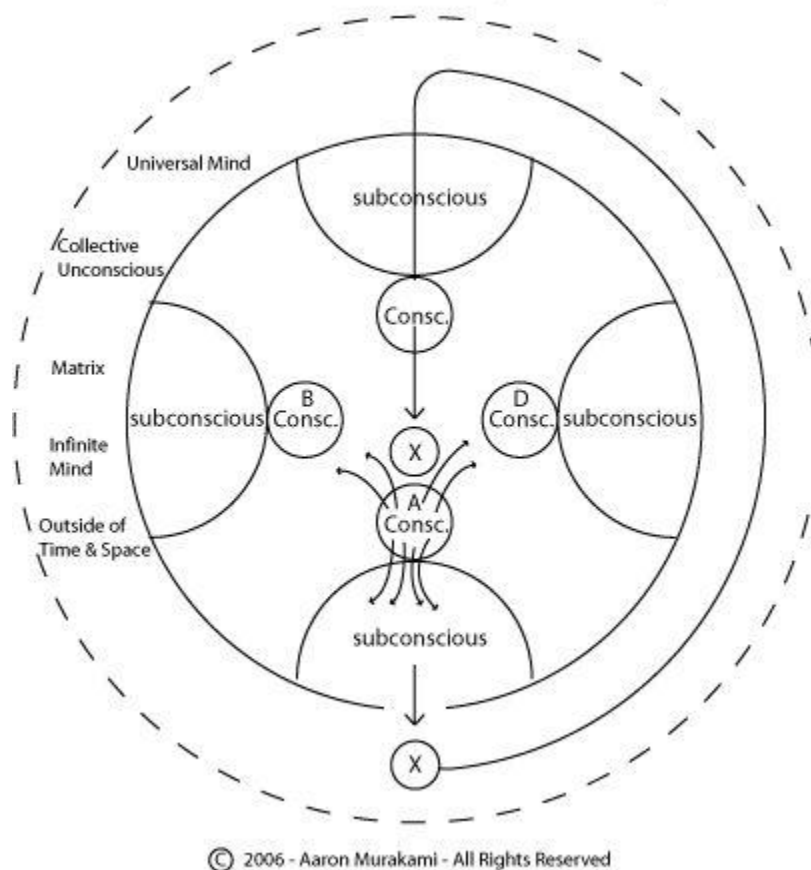
Murakami's Model of Synchronicity

Synchronicity has been a fascination of mine for many years. It is one of those things that sticks in the mind as being too weird to just be some chance occurrence. Sometimes synchronistic events are just written off as coincidence but personally, I believe there is a lot more to it.

The purpose of this brief article is to explain in simple terms not only the effects but a simple explanation of the mechanics of what is really behind the fascinating occurrences of synchronicity.

The below diagram is a simple model of synchronicity that shows the actual mechanism.

Murakami's Model of Synchronicity



The “**Law of Attraction**” or **LOA** works by the concept that whatever we think in our minds will be projected into the universe and the universe will cause those thoughts to attract like events, people, object and anything else that is similar back towards the person thinking the thoughts.

So, what is really happening?

The model as described in the illustration above is based on a conscious thinking mind, a subconscious mind and the collective unconscious mind.

The conscious thinking mind is what we use to actively think thoughts.

The subconscious mind is an automatic mind that takes input and automatically does thinking on its own to make reason out of the input data. It is also the go-between for the conscious and unconscious minds.

The collective unconscious mind is the infinite mind that contains all information in the past, present and future everywhere.

There are four people in the diagram listed as person A, B, C, & D. The C person isn't listed as C but is the person at the top of the diagram. These thinking minds are represented by the circles closest to the middle.

The semi-circles are the subconscious minds and the outer circle is the collective mind, which is known by many names. The dotted line on the outside indicates there is no border to its reach.

If person A has a desire X, which represents a person to attract, an incident, customers for a certain product or anything else, their thinking mind is obviously aware of it. For this example, let us say that the desire is a specific car they are looking for; A 1990 Honda Accord 5 speed with 100,000 miles or less for \$1000 or less. Blue is a plus.

The subconscious mind takes this desire X and “plants” it into the collective unconsciousness. X not only represents the overall desire but every detail attached to the desire.

The subconscious mind of every single human is actively scanning the collective unconsciousness or the matrix for anything that it resonates with.

Person C happens to have a 1990 Honda Accord and it is a 5 speed. It has about 110,000 miles, is \$950, and is dark blue. Person C’s subconscious mind locks onto desire X from person A. Person A and person C’s subconscious minds are locked onto each other. Now what about the synchronicities?

The subconscious minds of A and C will INFLUENCE their conscious thinking minds to do whatever necessary to have them gravitate towards each other. C’s mind knows that person A is in resonance with their desire to sell the car. A’s mind knows that person C has the optimum match for their desire to buy a car.

Person A is influenced by their subconscious mind to get in a car and go to grocery store 123 to look at the bulletin board. There are many stores they will go checking at but at a particular time and location is where they just happened to “choose” grocery store 123 to go to.

Person C is influenced by their subconscious mind to get in a car and drive to grocery store 123 to post a flyer about their car for sale. There are other stores that person C will go to but at a particular time and location at this store is where they just happened to “choose” to go to.

Person A and Person C walk in and go to the bulletin board at the same time. Person A is scanning the flyers. Person C posts their flyer. Person A sees this and is amazed at what a profound synchronicity has just happened. The exact car with the exact details and price and everything else they wanted are on that exact flyer. They shake hands and make a deal and go home smiling at such a wonderful experience.

Person C’s subconscious mind INFLUENCED their conscious mind to choose what they chose to make it happen and so did person A’s subconscious mind. The method of influence is done through the IDEOMOTOR EFFECT and the science behind this is detailed in [A Course in Mind Power](http://acourseinmindpower.com) unlike it has ever been described. <http://acourseinmindpower.com>

It is important to realize that each person is sending this signal into the collective unconsciousness at a certain strength. Just thinking of something gives this signal maybe a strength of 10 for example. If one applies “Law of Attraction” principles such as what is taught in the DeVisE Method of Manifestation, the signal may become a strength of 25. If one really gets into cranking up strong emotions and meditations the signal strength may become 50. The stronger this signal strength, the more effective the effort will be at having other subconscious

minds in the collective lock on to your desires to attract them or events to you. The stronger the signal, the stronger the ability to manifest with your mind. Some tools may even boost this strength up to 100 or more. These numbers are just an example to demonstrate the concept. There is a synchronicity boosting technology that I've been involved with for the last 10 years and it will be re-released at a future date so make sure to join the Energy Times Newsletter at <http://emediapress.com> to be the first to know!

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Part 2

Time Travel Meditation

This is a meditation concept that I developed to literally increase the frequency and magnitude of the synchronicity in our lives. History exists in the collective as does the future possibility no matter what the probability.

By creating a stronger continuity between the past, present and future in our subconscious mind, we will start to be in the right place at the right time to experience a stronger occurrence of synchronicities. This is how we get in the flow on demand.

Achieves 3 basic goals:

1. Increasing awareness of the present moment
2. Sending information to our past self
3. Receiving information from our future self

DAILY EXERCISE

1. After waking up, meditate with focused concentration on you receiving information about the daily events from your future self later that same night. Also meditate on your future self meditating on sending information about the day to you at that very moment. In addition, meditate on receiving info from yourself though the day as events happen.
2. Throughout the day, practice being very aware of what is happening in every moment. Notice the flow of events, the synchronicities, the heightened awareness you have of everything and notice all the magical moments. As each beneficial moment happens, intend for the info of the event to be sent to yourself in the morning of that very day.
3. Before bedtime, focus on the major events that happened during the day that would be helpful to know that very morning before they happened. Be very intentional and focused when thinking of them and use emotion, visualization, sounds, colors, feelings and other senses as you relive them.
4. Relax and meditate right before bed for a few minutes on sending these events to yourself that very morning as you woke up to meditate on receiving these instructions. Remember to use emotion, visualization, sounds, colors, feelings and other senses as you intend for this information to be sent back to yourself that morning.

Practice this daily. You will know when you need to start sending info back the day before, week before, month before, etc... Going through the motions of the above for 30, 60, or 90 days straight will rapidly boost the synchronicities of your own life.

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DeVisE Method of Manifestation

There are so many “Law of Attraction” methods and claims that it can make one’s head swim. Using some serious critical thinking to analyze many of the popular methods such that is taught in popular documentaries or books, we can see that they just might be counterproductive.

Some teachings tell the student to Ask, Believe and Receive. However, if we Ask for something, we reinforce in the subconscious mind that we do not have that, which we desire. If we Believe we will receive something, that perpetually keeps that, which we desire, in the future, which has not yet happened. If we put ourselves in the mindset to Receive, that again reinforces that we do not have that, which we desire.

The fact of the matter is that the most productive method to manifest what we want is to put ourselves into a perspective that we have **ALREADY** been given what we want. Here is a proven method that works according to how our subconscious mind naturally operates.

DeVisE Method of Manifestation

DeVisE is a very simple method for attracting to us virtually anything we want in a very simple and practical way. There are many schools of thought on how to benefit from the *Law of Attraction (LOA)* and I’m sure they all work to some extent but this method is so simple that anyone can memorize the entire concept by reading it once.

DeVisE or DEVISE is an acronym to help you remember what it means.

The first concept is DE, which stands for **DESIRE**.

The second concept is VIS, which stands for **VISUALIZE**.

The third concept is E, which stands for **EMOTIONALIZE**.

Simply, feel your desire for what you want to attract so strong that you practically lose sleep over it because it has become such an obsession that it is all you think about. If you can’t get that excited about something, do you really want it in your life? Personally, my desires become burning obsessions and this is a key to having **LOA** work powerfully.

When having the strong desire, it is very crucial to visualize yourself having **ALREADY** received it. Use all your senses. Feel it, smell it, taste it, hear it, see it and use any other sensory data you can pull upon.

Many experts in the field tell you to see it as if you have it **NOW** but I’m saying to see it as if you **ALREADY** have received it as if you are in the future looking back. I will clear this up in a moment.

Finally, while having the strong desire and the powerfully clear visualization of already receiving your desire, call upon your emotions so that you get wildly excited about how thankful and grateful you are that you have received it. I sometimes get to the point that I am so grateful that I have ALREADY been given what I desire that I am in an emotional ecstasy in a very intense way. It is not necessary to go all out in this way but if you do, proportional results follow. I sometimes get so emotionally cranked up with intense gratitude that my adrenaline gets pumping, literally.

If you incorporate all three concepts simultaneously and do this often and even non-stop at least in the mind for as long as possible, then powerful results will follow. One tip is to let this play softly in the back of your mind and actually release your focus from it. Just acknowledge it is there but then go about your normal tasks.

If you put 10 parts energy into manifesting your desire over 10 days, that is 1 part energy per day. If you put 10 parts energy into manifesting your desire over 5 days, that is 2 parts energy per day. If you put 10 parts energy into manifesting your desire in one single day, that is 10 parts energy per day.

This may seem that there isn't much difference if a certain amount of energy is going into something. But, there IS! For very powerful results, you must use TIME as energy itself. Compressing as much energy into the smallest unit of time possible will give you the most powerful results. This is the basis for Tesla's IMPULSE technology, which means the same energy compressed in time increases the POWER and proportional results follow!

If you obsess over something day and night every waking hour for a couple weeks on a certain subject, you will attract to yourself people, events, books and other things that are in alignment with what you want to learn in a very powerful way. It will be way more powerful than if you took the same effort and expended it over months or years. Take advantage of TIME energy. This concept alone will amplify all your results from your efforts beyond belief.

There is wishing for something but that really shows there isn't much belief it will happen.

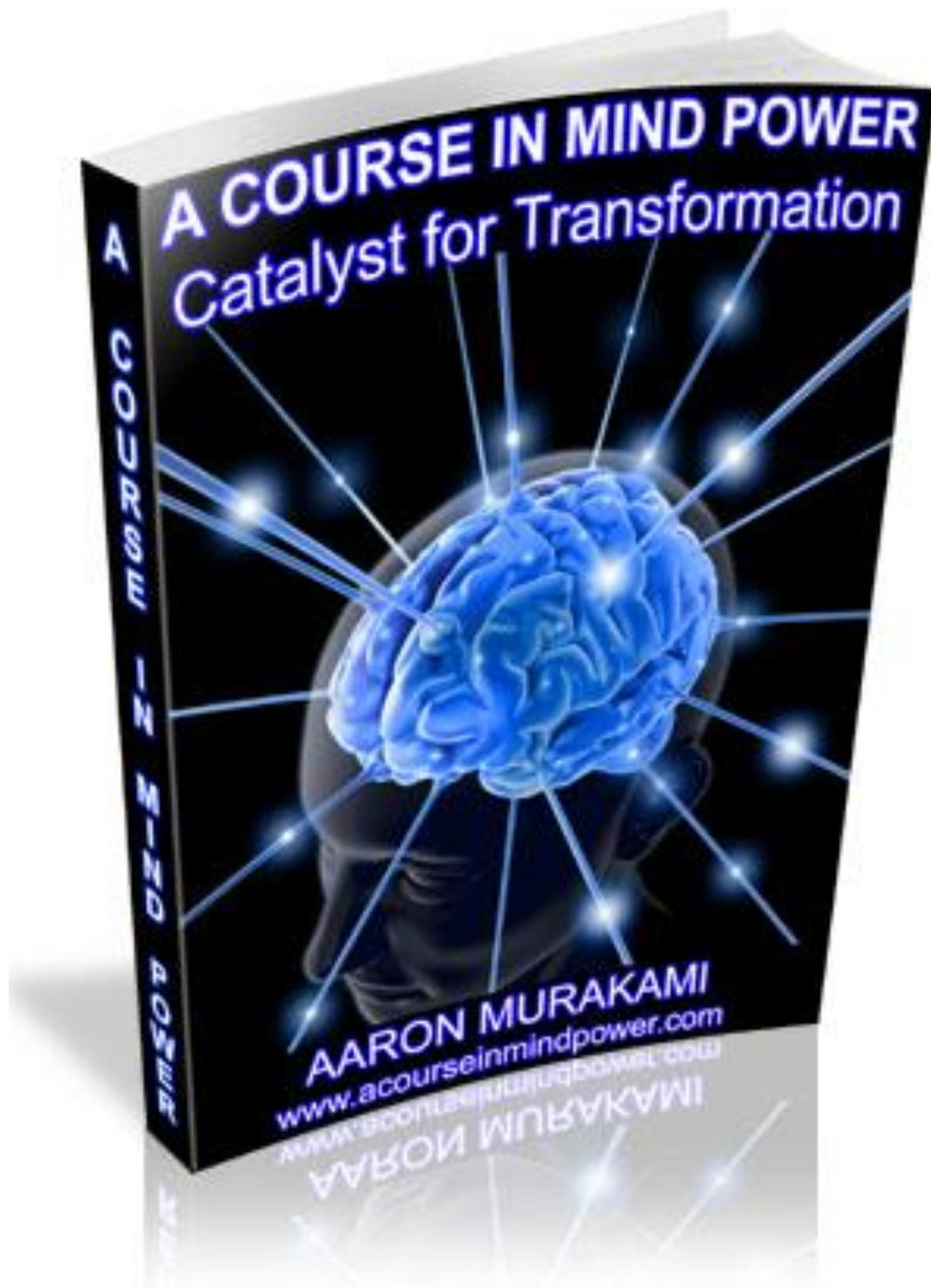
There is wanting, which is more effective but still not too confident about receiving the desire.

There is knowing that something will happen and this is better but if we know that something WILL happen, the Universe grants that and tells us, "You're right, you WILL get that." That keeps us in a state of always being in the position that it will happen meaning it just isn't coming.

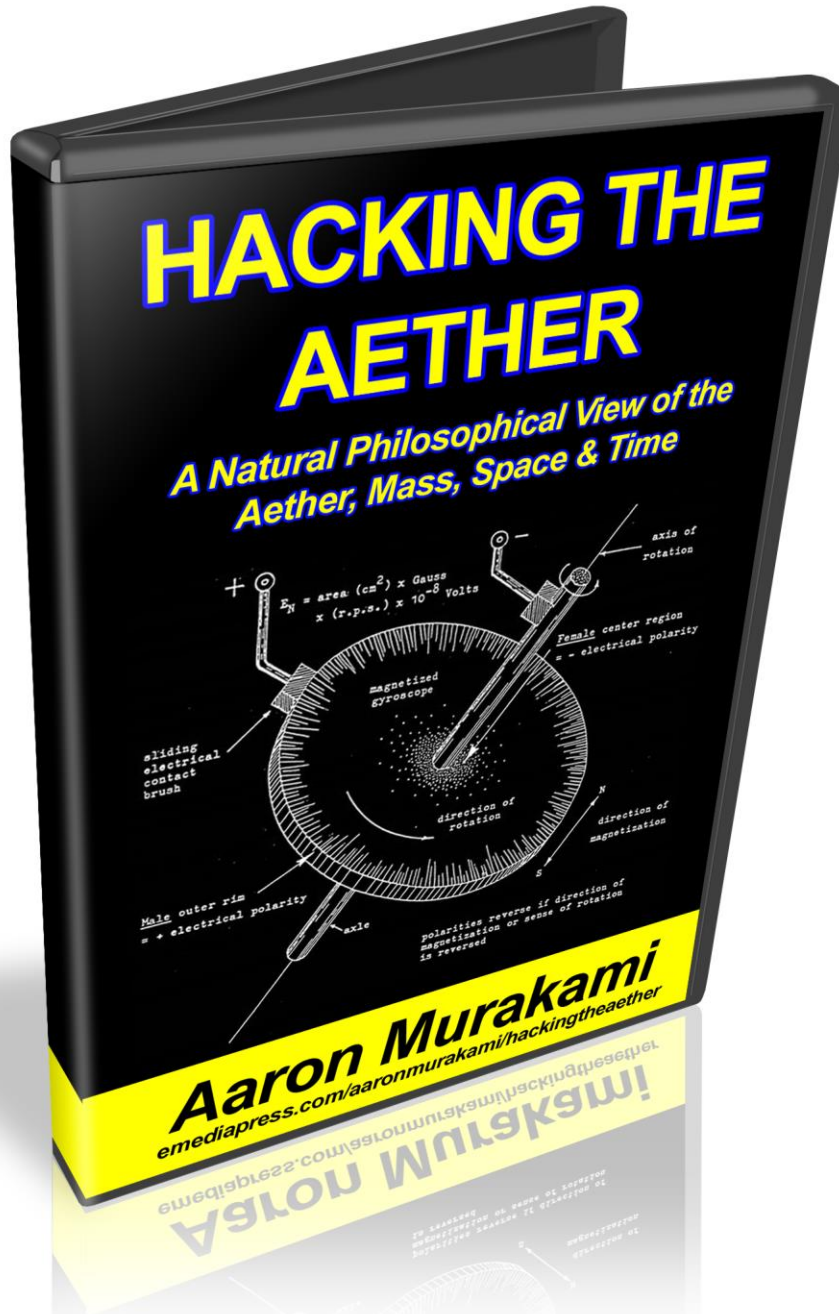
There is knowing that it IS here in the now and this is powerful. This takes a lot of faith.

But the ultimate and most powerful of all results is to know that it has ALREADY been given by seeing yourself in the future looking back being thankful for having ALREADY received it. However, when it comes into your hands, do not keep this mindset. Upon manifestation, become PRESENT in the HERE and NOW and BE with the manifestation in full gratitude for having provided it through the amazing workings of the mind and the powers granted to it by the Infinite Consciousness.

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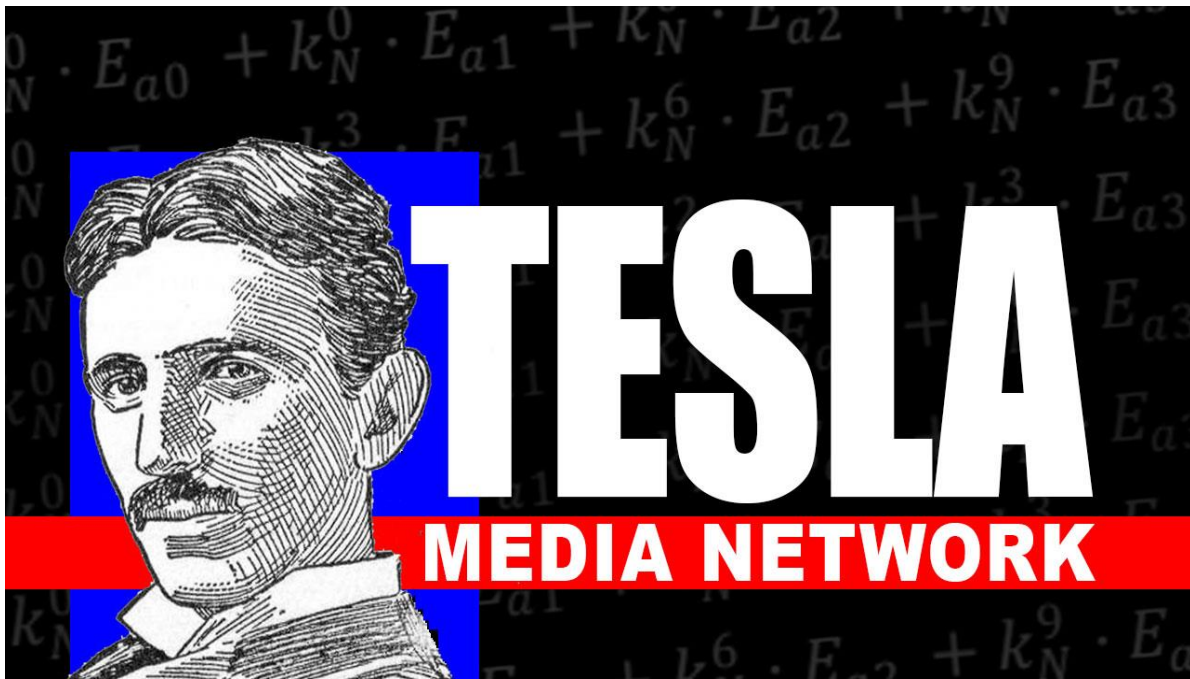
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